

# Genso®

## Ginseng Capsules / Syrup

### Composition:

#### Genso capsules:

Each capsule contains: 100 mg of standardised dry extract of Ginseng root (Panax C. A. Mayer) containing not less than 20% Ginsenosides (corresponding to 500 mg of Ginseng root).

Excipients: Microcrystalline cellulose, talc, magnesium stearate and silicon dioxide.

#### Genso syrup:

Each 15 ml contains: 140 mg of standardised dry extract of Ginseng root (Panax C. A. Mayer) corresponding to 700 mg Ginseng root.

Excipients: Sucrose, sorbitol, potassium sorbate E202, caramel E150, bronopol, sodium metabisulfite E223, liquorice flavour and purified water.

### Properties:

**Genso** is a herbal product of ginseng extract. It contains the active substance (ginsenosides) of the genuine Panax Ginseng C. A. Mayer.

This extract belongs to the group of adaptogenic substances, which help human being adaptation to stress and strain. It also has stimulant and tonicizing action enhancing resistance to adverse biological situations.

Ginseng is well known to improve physical and psychogenic status as it is a general tonic and antifatigue agent.

**Genso syrup is a general tonic.**

### Indications:

**Genso** is recommended as a general tonic for physical and mental workers, students, drivers, travellers, sportsmen, elderly people and convalescents.

### General Notice:

- **Genso** should not be given to people with known sensitivity to any of its components.
- As an extract from natural source, ginseng is safe and well tolerated. However, some individuals might have stool softening with high doses.

- In spite of its stimulant and tonicizing action, **Genso** has no doping effect as it does not contain any substance stated in the doping list of international olympic committee.

Ginseng is not recommended for persons having hyper/hypotension or taking steroidal treatment.

### Dosage and Administration:

#### Genso capsules:

Two to three capsules per day. The daily dose can be increased up to four capsules during initial period. If it is difficult to swallow, the capsule contents can be taken with water, milk or fruit juice.

#### Genso syrup:

**For adults:** 15 ml daily before meals.

**For children:** 5 ml daily before meals.

### Storage Condition:

Keep at room temperature (15 - 30 °C).

### Presentations:

Pack of 30 capsules.

250 ml syrup.

® is a trademark.

#### THIS IS A MEDICAMENT

- Medicament is a product which affects your health and its consumption contrary to instructions is dangerous for you.
- Strictly follow the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

**Keep medicament out of reach of children.**

Council of Arab Health Ministers & Union of Arab Pharmacists.



Manufactured by:

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